



WORCESTER BID TRAINING

FEB-MARCH 2022

TRAINING 1
DEFIBRILLATOR
TRAINING

TRAINING 2
FIRST AID TRAINING

TRAINING 3
CATASTROPHIC BLEED
TRAINING

TRAINING 4
MENTAL HEALTH
TRAINING

TRAINING 5
FOOD HYGIENE TRAINING

TRAINING 6
DRUG AWARENESS

HOVER OVER THE COLOURS TO SEE WHAT WE
HAVE TO OFFER...



[AED] DEFIBRILLATOR TRAINING

TRAINING 2

[AED] Defibrillator Training

LOCATION

Worcester BID, Rear Offices, Guildhall South Wing, Copenhagen St, Worcester, WR1 2EY

DATES

Option 1 - 08/02/2022

FULLY BOOKED

Option 2 - 22/02/2022

COMPLETED

Option 3 - 08/03/2022

FULLY BOOKED

TIMES

Option 1 - 9:15am- 12:15pm

Option 2 - 1:00pm- 4:00pm

Option 3 - 1:00pm-4:00pm

GOAL

Learn how to use defibrillators to aid survival in cardiac arrest.

WHAT IS INVOLVED

“Learning AED skills is becoming more important with the increase in the numbers of units in the community and workplace. They are easy to use with little training and make a real difference in the chance of survival to someone in cardiac arrest.”

“If you have already completed any other first aid course, you will understand the importance of the prompt use of an AED, making this an ideal course to develop your skills.”





FIRST AID TRAINING

TRAINING 2

First Aid

DATES

Option 1 - 15/02/2022

FULLY BOOKED

Option 2 - 22/02/2022

FULLY BOOKED

Option 3 - 15/03/2022

FULLY BOOKED

Option 4 - 22/03/2022

FULLY BOOKED

TIMES

Option 1/2/3/4 - 9:30am - 4:30pm

GOALS

Learn and feel confident in the use of first aid.

WHAT IS INVOLVED

You will be trained in the areas of:

1. Priorities in First Aid
2. Control of Bleeding
3. Epilepsy
4. Poisoning
5. Burns and Scalds

LOCATION

Drummonds, 28 New St, Worcester, WR1 2DP (TBC)

You will receive the Emergency First Aid at Work Certificate. This shows that you have completed the First Aid Training and are able to provide emergency treatment in the event of an individual injuring themselves or falling ill. The Certificate is valid for 3 years.





CATASTROPHIC BLEED TRAINING

TRAINING 3

Catastrophic Bleed

LOCATION

Worcester BID, Rear Offices, Guildhall South Wing, Copenhagen St, Worcester, WR1 2EY

DATES

Option 1 - 01/03/2022

1 SPACE LEFT

Option 2- 08/03/2022

9 SPACES LEFT

Option 3- 15/03/2022

6 SPACES LEFT

Option 4- 29/03/2022

2 SPACES LEFT

TIMES

Option 1/2/4 - 9:15am - 12:15pm

Option 3- 1:00pm - 4:00pm

GOALS

Learn techniques to help in situations with serious injuries.

WHAT IS INVOLVED

“This Tourniquets and Haemostatic Dressings (VTQ) qualification is ideal for gaining an understanding of how to deal with a catastrophic bleed or injury. This subject has become popular as a result of disastrous situations and scenarios that sadly occur in our modern day.”

Catastrophic bleeding is life-threatening and can kill a casualty in minutes which means this training will cover lifesaving skills that can be used in the workplace or when called upon.

This course has been designed to cover the main types of commercial tourniquets including the CAT, MAT, SOFT T, SAM XT and Improvised Tourniquets. Haemostatic dressings from Celox, Quick Clot, Axiostat and other Haemostatic dressings and powders are also included. The course also covers the use of trauma dressings including the Air Wrap dressings.”





MENTAL HEALTH TRAINING

TRAINING

MENTAL HEALTH TRAINING

DATES

Option 1 - Wednesday 02/03/2022

5 SPACES LEFT

Option 2 - Wednesday 09/03/2022

10 SPACES LEFT

TIMES

Option 1/2 - 9:30am - 4:30pm

GOALS

Workplace mental health training will enable staff to recognise and deal with mental health issues in the workplace.

WHAT IS INVOLVED

Stress, depression or anxiety and musculoskeletal disorders accounted for the majority of days lost due to work-related ill health, 17.9 million and 8.9 million respectively. The mental health course is unique to others as it supports three key areas:

- Mental Health
- Wellbeing and supporting
- Promoting and managing these in the workplace

We should all learn how to recognise mental health issues in ourselves, colleagues, family, and friends.

LOCATION

Worcester BID, Rear Offices, Guildhall South Wing, Copenhagen St, Worcester, WR1 2EY

LEARN HOW TO RECOGNISE

LEARN HOW TO HELP AND SUPPORT

PROMOTE SAFE WORKSPACES



FOOD HYGIENE TRAINING L2

PROJECT

FOOD HYGIENE TRAINING

LOCATION

Location of Option 1 - Heart of Worcestershire College

Location of Option 2 - Worcester BID, Rear Offices, Guildhall South Wing, Copenhagen St, Worcester, WR1 2EY

DATES

Option 1 - Tuesday 08/02/2022

CLOSED

Option 2 - Wednesday 16/03/2022

1 SPACE LEFT

TIMES

Option 1 - 9:00am - 4:00pm

Option 2 - Time to be confirmed

GOALS

Learn safe food preparation, handling, and cooking skills.

WHAT IS INVOLVED

A Level 2 food hygiene training course is appropriate for most food handling staff within a catering business. You will learn how to safely prepare, handle and cook in a professional setting.





DRUG AWARENESS TRAINING

PROJECT

DRUG AWARENESS TRAINING

LOCATION

Location - Worcester BID, Rear Offices, Guildhall South Wing, Copenhagen St, Worcester, WR1 2EY

DATES

Option 1 - Wednesday 23/02/2022

Option 2 - Thursday 24/02/2022

Option 3 - Friday 25/02/2022

Option 4 - Wednesday 23/03/2022

TIMES

Option 1/2/3/4 - 10:00am-12:00pm (noon)

GOALS

Develop skills surrounding recognition, legality, and reasoning behind drug use.

WHAT IS INVOLVED

- Learn to recognise own attitudes towards drugs and alcohol.
- Aim to understand the reasons why people use drugs and alcohol.
- Learn to be aware of the legality, effects, routes of use, and risks of alcohol, cannabis, cocaine, and opiates.





Let's make Worcester safer...
Join us at Worcester BID for training
in 2022